

WellCare

UNDERSTANDING YOUR HEALTH AND WELLNESS.

We work with you and your doctors to help you achieve the level of understanding you want, concerning your medications and your overall health.

Are you curious about your wellness numbers? Not sure what they all mean, even if you know them?

Let a Red Cross Pharmacist help you understand what it all means. As health care evolves, Red Cross Pharmacy is staying ahead of the curve with WellCare, our community wellness program.



WellCare Benefits:

- Regular health screenings help detect problems before they start and assist in early detection for better treatment.
- Convenient pharmacy hours allow pharmacists to be your most accessible health care professional.
- Screenings can be combined with monthly medication pick-ups for convenient relay of medication and health information.

WellCare participants may also choose to take part in a research study conducted in collaboration with the University of Missouri-Kansas City School of Pharmacy. This study will collect anonymous screening data and survey the impact wellness services have on patients' health.

HOW HEALTHY ARE YOU? DO YOU EVER ASK YOURSELF THAT QUESTION?

WellCare Packages:

- **Package 1:** Height, weight, waist circumference and body mass index (BMI)
- **Package 2:** Total lipid panel, blood glucose
- **Package 3:** Total lipid panel, blood glucose and blood pressure
- **Package 4:** Body fat analysis, height, weight, waist circumference and BMI

Depending on the package, some screenings will also identify cardiovascular and diabetes risk assessments. Contact your participating pharmacist for details and schedule your wellness check-up today!

Additional CareCard Benefits:

- EliteCare
- RxCare
- CardioCare
- WebCare
- ImmuneCare
- DiabetesCare
- KidCare
- HMECare
- CustomCare
- MTMCare



Learn more about these benefits and more at www.redcrosspharmacy.com

